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Games – Medium and Short Term Planning Sheet

Class: Year 3 **Half Term:** _____

Net and wall – suggestion volleyball

Physical ME	Social ME	Thinking ME	Healthy ME
<p>Use running, jumping, throwing and catching in isolation and in combination through games activities (NC2014)</p> <p>I can play be able to keep a rally going using different parts of the court. To move into the best position to receive the ball with increased anticipation. To understand the term 'feed'. To play a continuous game focusing on movement around the court that scores together.</p> <p>I can move quickly and confidently to receive a ball and send it back e.g. to my partner or to a space where my partner may find it difficult to reach in a game situation.</p> <p>(S2A Navy PM 6)</p>	<p>Enjoy communicating, collaborating and competing with each other in competitive games (NC2014)</p> <p>I can work co-operatively with a partner (SM)</p> <p>I can control my feelings if I am winning or losing (S2A SM 4)</p>	<p>Be able to evaluate and recognise their own success. Compare their performances with previous ones and demonstrate improvement to achieve their personal best</p> <p>(NC2014)</p> <p>I am able to use space well to be in the best position to receive the ball (TM)</p> <p>I can judge where and when to receive the ball in net and wall games (S2A Navy TM 7)</p>	<p>physically active for sustained periods of time and lead healthy and active lifestyles (NC2014)</p> <p>I can be positive when analysing own and others performance and to offer suggestions as how to improve (HM)</p> <p>(S2A Navy HM 5)</p>
<p>Objectives ideas</p>	<p>Physical Me: To develop FMS of travelling in different directions with increasing speed, stopping, landing, sending and receiving with a ball and or racket.</p> <p>Social ME: To work co-operatively with a partner.</p> <p>Thinking Me: To be able to judge where and when to receive the ball in net and wall games.</p> <p>Healthy Me: To be positive when analysing own and others performance and to offer suggestions as how to improve</p>		

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Additional objectives (specific to class needs)	To all bring in PE kit and get changed quickly and quietly To follow at least one of the Olympic / Paralympic Values
Additional challenge ideas	Physical Me: To move quickly and confidently to receive a ball and send it back e.g. to my partner or to a space where my partner may find it difficult to reach in a game situation using a ball and if ready a racket. Social Me: To be able to offer help to a partner / peer if needed. Thinking Me: To be able to explain my choices and reflect if they worked well or discuss any changes that could be adapted. Healthy ME: To read labels on food and know why too much fat, sugar or salt is not good for us. (cross- curricular links)
Cross-curricular links	Health and Safety Values IT use of video clips from England matches to inspire
Resources	Camera / IPAD Top Games Cards Net and wall. Range of games net and wall equipment: different size bats / balls, floor markings, movement spots, nets Use of TA STTEPS model: How will you adapt the environment to stretch / meet needs of all pupils
Inclusion	Space, Task, Time, Equipment, People Include specific needs from your class G & T, SEN etc.
Part 1 Warm up ideas Skill development ideas: Locomotion and Stability	Warm up to cover individual movement actions through to combinations of actions with control stopping, landing, running at different speeds, changing direction, levels etc. EG Skills 2 Play cards Net and wall level crossing Without object control first then progress skills individually using a ball, racket etc. depending on net and wall area chosen.
Part 2: Skill development (Skill development, Locomotion and object control)	To practise with a partner / small groups sending, receiving the ball with and without a bounce developing accuracy / reaction / anticipation / catching– e.g. Skills 2 Play Pairs Volley ball (consider equipment soft volley ball / balloon if not allergic, sitting / standing discuss Paralympic sports) Progress to developing a rally over a line or net with a ball focussing on moving in different direction and getting quickly back to the middle. Discuss the importance of the ready position, landing, direction and accuracy.
Part 3: Competitive challenge (Skill development, Locomotion and object control)	Competitive challenge play a co-operative rally in a given time e.g. 2 /3 minutes can they beat their team score: consider choice of equipment eg if tennis are they ready for a racket, volley ball they could use a balloon if not allergic to it. If ready score points against each other Play again and discuss if the tactics worked and evaluate how the skill development practise they made up is supporting their play or does it need to be changed?

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Social me, physical and thinking me Warm down Part 4	
Questioning Ideas Use of TA / ICT	Can you decide on the best way to work as a team in either level crossing challenge or pairs volley ball? Can you explain why correct posture / up right posture is needed in net and wall games (e.g. a lot of bending, stability needed)? Can you explain the importance of control when you are sending and receiving the volleyball in a rally? How can determination help in this game?