

Learning To Dress Myself!

1 year old

Pushes arms
and legs
through sleeves
and pants legs.
Takes shoes
and socks off.

2 year old

Unbuttons
large buttons,
Pulls pants
up/down,
Undress
independently

3 year old

Puts on shoes.
Puts on pull over
shirt.
Begins to button
large buttons.
Pulls zipper up
and down after
fastened.

4 year old

Engages Zipper.
Fastens smaller
buttons.
Puts on socks.

5 year old

Dresses self
without
supervision.

6 year old

Ties shoes.
Completes all
clothing fasteners
(hooks, buckles,
zippers, buttons)